

SAFE WORKING AT HEIGHTS

Aims and Outcomes

This course is designed to provide candidates with the necessary knowledge and skills to work safely at heights in the resources, construction and oil and gas industries.

Candidates will be able to identify and control hazards; understand job planning and resources required, access and egress; fall arrest systems and PPE plus work confidently and competently at heights.



Prerequisite

There are no prerequisites for this course.

Course Content

The Safe Working at Heights Training Plan is based on competencies within the Australian Qualification Framework (AQF):

- <u>Legislation in the Workplace</u> HSE Acts and Regulations; International Standards;
 Company Procedures.
- <u>Plan Work</u> Job at hand; hazard identification and risk control; access and egress; where hazards still exist plan for use of equipment to prevent falls.
- <u>Personal Protective Equipment</u> Fall restraint and arrest systems; including full-body harness donning, care and maintenance; lanyards; shock absorbers; fall-arrest devices; hardware and system clearances.
- <u>Safe Working at Heights</u> Edge protection; scaffolds; ladder and tower safety; anchor points and static lines; tools and equipment at heights; housekeeping and rescue procedures.
- <u>Practical assessment</u> PPE inspection and safe, confident working practices at height in a range of situations.

Certification

On successful completion of the training, candidates will be awarded a Futuro Skills Certificate in Safe Working at Heights.

Duration

1 day

Maximum Candidates

10 persons

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